

# LWMORG

## **Living Waters Ministries** by Minister R. Thomas Lambur

### **COUSELING SESSION HELP #1**

### **Diagnosis Of The “Self” – And The Answer “Christ-Esteem!”**

#### **King Me!**

No, I'm not talking about checkers. I would like to talk about the “Self.” People are usually wrapped up in themselves. No matter what we add to the “Self” equation whether more education, more discipline, more refinement, more religion, we are still faced with the fact that the “Self” is still included and is most of our problem.

People are usually focused upon the “Self” or ego...that root being the center of their universe, however there is a problem that goes farther which is at the core, that is the basic sin nature. Every man born into this world is “In Adam” unless there has been a spiritual change. Noting this I will go on...

#### **The Occupier Called “Self”**

“Self” is also an occupier. “Self” holds a position...desires to always be in control...desire to be “Self” fulfilled....and thinks it can be, and whatever “Self” fills the Lord does not. In other words when the “Self” occupies the area of our heart so completely... as it does in most cases... these areas are not subject to or under the Lordship (The Lord's Rule and Reign) of Jesus nor His grace.

***Rom. 8:7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.***

“Self” desires to control everything ... it is that unsundered region which is still to yielded to the Lord. Positionally speaking, the “Self” is the occupier...the little world... or bubble that people live in. “My World!” Everything they think revolves around them! This is “Self” at its finest! Kingdom living which starts with a change of heart causes the heart *to yielded over to God, His Word, and His Spirit...(((Real Life Changes)))*. But the “Self” spends most of its time in the pursuit of occupation...covering every base it can...surrounding itself with the “Self” life that is less that wholeness.

#### **Deficiencies Of The “Self”**

“Self” you see suffer from DEFICIENCY...due to the fall because people are in “Adam,” not “In Christ.” There is just never enough to fill the deficiency of the “Self.” Wholeness for the Human person will never be found in a life of “Self.” The void of “Self” goes so deep nothing can fill it outside of Jesus Christ...His Lordship...which ultimately brings fulfillment and life's purpose! “Self” is actually divorced from the Lord because it is centered in the sin nature or fleshly life, of which the will is in bondage...and driven to work against the service of God. When there is a change of heart “Self” is brought unto the Lord Himself...placed ”In Christ” and caused to change by a new Spirit from within the converted. Inward conversion opens to us the realities of a

new life. The Lordship of Jesus Christ which a person comes under according to the Lord plan for the persons life is then carries out in steps bringing DIVINE ORDER and peace to the individual. Many time anxieties are the outcome of a life which is apart from the plan of God and these persons need to surrender to the Lordship of Jesus Christ as soon as possible for wholeness and stability to become a reality.

### **Coming To Terms With “Ourselves”**

Without a complete surrender to the Lordship of Christ most individuals are left in life with patterns of inconsistency. Spurantic living isn't anything to be proud of as the “Self” attempts to hide its many problems. When someone has these patterns in life they are mostly unable to fulfill their destiny due to a lack of stepping stones which build their future. Unfilled lives is a problem of huge proportions today and most enjoy media which justifies this negativity of life further breaking down any remaining faith for the person's future.

***Jas 5:16 Confess your faults one to another, and pray one for another, that ye may be healed.***

This is the Biblical Example For Healing...”Confession” releases people because it is the heart of man seeking to get right with God and man through repentance!

### **A New You – “In Christ”**

While we cannot escape negativity in this world at least we can submit to the encouragements of our Father in heaven through meditation upon His Word daily. When our faith is being built-up and growing the Lord places in us a new hope for His future...a resilience... as we see our new self now “In Christ.” I have learned to always seek the Lord for His point of view on as He has made us totally new...

***2Corin. 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.***

I call this building up of edification not “Self-Esteem” but “Christ-Esteem” because only a life which is submitted to the Lord can reap such benefits of complete wholeness!

### **“Christ-Esteem”**

When I look back from where we were some years ago we should be looking at something we can site as progressive. Regression is the devils tool... and the person following the “Self” knows this as fact! They have actually experienced this regression that I'm talking about. It's sad for some to look back at there lives...but it is facing those realities face to face...dealing with them and beginning to turn in the right direction unto the Lordship of Christ that is the turning point. Help is at the point of turning!

***Prov. 1:23 Turn you at my reproof: behold, I will pour out my spirit unto you, I will make known my words unto you.***

When we face ourselves we are going experience some pain in looking...however what lies beyond this omission of our faults (which we need to be honest with ourselves about

and to others) is a vary different quality of life, a life that only Jesus can bring about...(if we trust Him for it.

### **The Lord's Guidance In Our Lives**

Without abandonment to the "Self" one can never receive the needed direction in life. What I mean is that "Self" in itself is never health...and honestly the way of living that "Self" brings is purely distorted. Everyone no matter who due to their way of thinking causes them to experience life (life experience)...this life experience can have the Nature and Quality *which comes from the Lord's point of view and experience there-in* or a Nature and Quality that *due to distorted beliefs which cause the individual to live in confusion*. Distortions in a person's life is a downward spiral but can start to be removed when there is omission of going the wrong direction in life...and the open turning of commitment to change - under the Lord's new plans for this person. This starts through "ABIDING" a term the Bible gives for seeking the Lord through reading His Word and prayer...listening for the guidance of the Lord through the voice of His Spirit. Hearing from the Lord is a fundamental quality given to every believer and is developed through this method of seeking Him.

Abiding is the invitation sent to the Lord to take up full residence in us...

The Closer one get to the Lord the more the "Self" becomes detached. The Bible say that is through transformation...that the new "Self" is realized "In Christ."

***Rom. 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.***

This identity here is the key to everything. The person who is searching for their purpose needs only to draw their identity is what is found in these pages of the Bible, which show not only strength in the person who has the Lord, but also the men that where so dependant, realizing the human frailty, and total need for the Lord everyday in their lives.

"Christ-Esteem" is the replacement of the ego or "Self" and now is the new identity given from being "In Christ" and which is discovered in crystal clarity!

**We pray through this Counseling Session Help you have been strengthened. If so please contact us at LWMORG.**

***Remember there is wholeness through the Cross!  
May The Lord Richly Bless You As You Seek Him For This Wholeness...Places Your Faith In His Cross...And Receive... Lord, Now Touch This Person As They Reach Out To You! In Jesus Mighty Name, I Pray, Amen.***

**Living Waters Ministries by Minister R. Thomas Lambur 2008**

